

Spiritual & Purpose Legacy Mapping Workbook

A Guided Journey to Discover and Pass On Your Soul's Legacy

The Essence of Legacy

Your legacy is the echo of your soul's essence — the light you've lived and the love you've left. This workbook is a sacred map to rediscover your inner calling and to document the spiritual inheritance you wish to pass on to the world.

Part I: Soul Origins & Essence Mapping

Reflect on where your soul's journey began and what qualities it carries into this lifetime.

- What are the earliest feelings or memories that connect you to your sense of spirit or purpose?

- What energies, symbols, or elements do you feel your soul is made of?

- When do you feel most connected to the infinite?

Part II: Purpose Discovery & Alignment

Uncover the patterns and truths that define your calling in this life.

- What natural gifts or qualities consistently flow through your actions and creations?

- Whose lives or what causes are you intuitively drawn to serve?

- What does your higher self whisper to you about why you are here?

Part III: The Legacy You Live

Your legacy isn't just what you leave behind — it's what you live each day.

- How do your daily actions reflect your deepest values?

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- What message does your presence silently teach others?

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- Where can you embody more alignment, grace, or authenticity?
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Part IV: The Legacy You Leave

Imagine the ripple your soul leaves — the wisdom, creations, and love that continue through others.

- What teachings, stories, or insights do you hope to pass on?
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- How do you want people to feel when they remember you?
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- What would your higher self write as your eternal message to the world?
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Part V: Sacred Commitments & Closing Reflections

Take a moment to anchor your legacy through intention. Write your commitments to yourself, your purpose, and the collective good.

My Sacred Commitment:

Affirmation of Legacy:

May your legacy shine as the reflection of your truest light — endless, evolving, and beautifully divine.